JOIN MERLE FOR SELF CARE SATURDAY

# THE MYSTIC POETS

WHO ARE THE MYSTIC POETS?

HOW CAN A POEM WRITTEN IN THE 1300'S, BE RELEVANT TODAY?

THESE POETS ARE SENSUOUS, EROTIC, INSIGHTFUL, FUNNY AND VERY RELEVANT.

#### **ONLINE WORKSHOP**

17TH JULY 2021 10HOO - 12H30 ONLINE | ZOOM COST 250 ZAR |25 GBP

Come and join Merle for a few hours' immersion into the power of the poetry and let your life be changed.

Let their wisdom show that, despite pandemics, there is always the moon. And that, through art, these beloved poets are the finger that point us to her peace and glory.

# **BOOK NOW**

"THE POEM LIFTS ITS SKIRT, WINKS... AND THE SKY FALLS DOWN"

- HAFIZ

WHEN KABIR SHOWS HOW A SIMPLE CLAY JUG HOLDS

"ALL SEVEN OCEANS AND A HUNDRED MILLION STARS"

YOU CAN TASTE THE ESSENTIAL NATURE OF THE TRUTH.

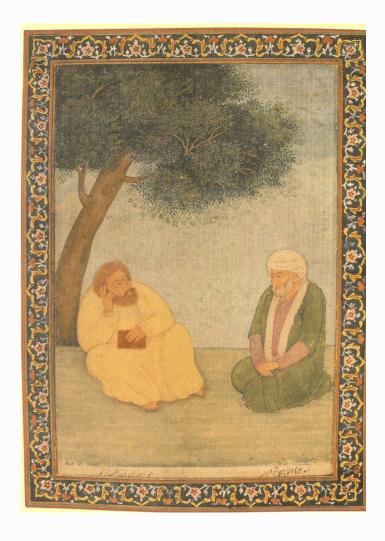
### **BOOK NOW**

It is said that a poet is one who hears God's whisper and wakes up.

Merle's love of these poets has infused her life. She kneads Rumi into her sourdough loaves; she digs Hafiz into her cabbages; she sprinkles Kabir into her face cream and he rests in her wrinkles.

The inspiration of their enduring wisdom has taken her on a teaching journey around the world for the past 20 years.

Feel invited to share this journey with her in this upcoming workshop.





I wish I could hear their beautiful voices every day. I have experienced awareness of my longings, through what you have shared.

Merle Levin is a teacher and published author who has facilitated workshops and silent retreats internationally. She has been a student of meditation for five decades. The mystic poets are her daily inspiration.

Tine (Oslo)

## **UPCOMING TALKS | SELF-CARE SATURDAYS**

FOLLOW MERLE ON SOCIALS TO STAY UP TO DATE WITH OUR WORKSHOPS FOR THE WOMEN'S MONTH OF AUGUST.

